



ROYAL  
COLLEGE  
OF MUSIC  
*London*



# RCM Sparks: Music For Well-Being

## Exploring Count on Me by Bruno Mars

RCM Sparks is the Royal College of Music's learning and participation programme.  
To find out more and get involved visit [www.rcm.ac.uk/sparks](http://www.rcm.ac.uk/sparks)

**Count on Me by Bruno Mars is a brilliant positive song is about friendship and being there for each other. Music is such a great way to lift your spirits – let's get creative and have some fun!**

## Listen

Listen to the song on You Tube (**Count on Me**) and, as you listen, read the lyrics to the first verse. Lyrics are included in the accompanying resources.

## Create

Now why not have a go at writing your own verses?

Think of situations where you could help a friend. Instead of your friend being stuck in the middle of the sea, where else could they be so you can help them out? Or maybe they are doing something where you could help them and be a great friend?

Remember it is best if your new words fit in with the tune, so use the original lyrics as a model for your lyrics. TIP: If you start your sentences with 'If you ever...' then it will have the same feeling as the original song.

You can use a **Karaoke track** on You Tube to test out your new lyrics.

## Dance

You know what that chorus needs? You to make up some actions! Can you make up some actions and record yourself dancing along? You can email it to **sparks@rcm.ac.uk**.

## Perform

If you have any musical instruments at home, then use these to play along with the song. If you can play the piano or the guitar, the chords you need are included in the additional resources.

If you don't have an instrument, then you can make a shaker or drum out of something you can find at home - be as creative as you can! There are some great ideas here for making instruments at home, but remember to ask your adults at home first before you start making anything!

Please tweet photos of you working on your masterpiece to  
**@RCMLondon #RCMSparks #RCMCommunity**  
or email **sparks@rcm.ac.uk**.